**UKS2 Spring 1 Cycle A PSHE Plan**

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|  | **Session 1** | **Session 2**  | **Session 3** | **Session 4**  | **Session 5** | **Session 6** |
| **Question** | What’s the Story? | Fact or Opinion? | What are rights, responsibilities and duties? | What difference does Mo make? | How can we spend wisely? | Lend us a fiver! |
| **Content LO:** | Identify, write and discuss issues currently in the media concerning health and wellbeing. | Understand the difference between a fact and an opinion. | Define the differences between responsibilities, rights and duties. | Explain what we mean by the terms voluntary, community and pressure (action) group. | Suggest questions a consumer should ask before buying a product.. | Define the terms loan, credit, debt and interest. |
| **Skills LO** | Express their opinions on an issue concerning health and wellbeing; | Understand what biased reporting is and the need to think critically about things we read. | Identify the impact on individuals and the wider community if responsibilities are not carried out. | Give examples of voluntary groups, the kind of work they do and its value. | State the costs involved in producing and selling an item. | Suggest advice for a range of situations involving personalfinance. |
| **Pillar focus:** | Thinking | Thinking  | AcceptingListening and respecting | Listening and respectingThinking | Safety and SecurityThinking | Safety and SecurityThinking |
| **Concepts** | **Rights and responsibilities** |
| Assessment:  | I can explain how people’s social media profiles often give a biased view of themI can explain why people might do this (why they are showing certain aspects of themselves) and how social media can affect how a person feels about themself.I can give examples of some of the ways that a person can keep healthy in relation to their use of social media, to overcome the pressures that sometimes come with its use. | I can explain how people’s social media profiles often give a biased view of themI can explain why people might do this (why they are showing certain aspects of themselves) and how social media can affect how a person feels about themself.I can give examples of some of the ways that a person can keep healthy in relation to their use of social media, to overcome the pressures that sometimes come with its use. | I can give some different things that have an impact on the environment. I can explain how groups of people in the community help to do this.I can explain that what ‘environmentally sustainable’ living means and give an example of how we can live in a more ‘sustainable’ way. I can give examples of some things I do to help the environment and sustainability, and some of the organisations that work to improve this. | I can give some different things that have an impact on the environment. I can explain how groups of people in the community help to do this.I can explain that what ‘environmentally sustainable’ living means and give an example of how we can live in a more ‘sustainable’ way. I can give examples of some things I do to help the environment and sustainability, and some of the organisations that work to improve this. | I can say different ways of saving money.I can explain the advantages and disadvantages of different ways of saving money.I can explain what the term ‘interest’ means in relation to money and give examples of advantages and disadvantages of long-term saving (e.g. an ISA). | I can say different ways of saving money.I can explain the advantages and disadvantages of different ways of saving money.I can explain what the term ‘interest’ means in relation to money and give examples of advantages and disadvantages of long-term saving (e.g. an ISA). |