Westwood Primary and Grove Primary

P.E. Long Term Plan – Year B

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| EYFS | Throwing and catching | Gymnastics | Dance | Balance and co-ordination | Sending and receiving | Athletics |
| Year 1 &2Year B | Dance Woodland | Ball Skills GS4PE (Y1/2) Gymnastics - Bridges(Suffolk) | Games – Sending and receiving (Y2)DanceGreat fire of London | Gymnastics - GS4PE Year 1 Woodland | Games – TennisLTA & GS4PE AthleticsGS4PE | Games – Striking and fieldingGS4PE Woodlands |
| Year 3 &4Year B | Invasion Games – BasketballWoodlandSwimming \*Year 4) | GymnasticsPathways (Suffolk + Val Sabin)Uni Hoc (adapted quicksticks plans) | Invasion Games –FootballDance | Gymnastics(GS4PE Year 3) Woodland | Striking and Fielding – RoundersDance(GS4PE - Year 3) | AthleticsWoodland |
| Year 5&6Year 6 | Games - Hockey(Quicksticks plans)Woodland | Gymnastics -  (GS4PE - Y5)Rugby (VS + GS4PE) | Games - Netball(VS + GS4PE))GymnasticsFlight (Val Sabin Year 5) | DanceGS4PEWoodland | Net / wall games - Volleyball + Session on sit down volleyballWoodland - OAA | Striking and Fielding - Cricket (Chance to Shine plans)Athletics (VS + GS4PE Year 5) |